

Tuesday welcome

Barberry, fenugreek leaf and rose petal raw balls

Iced tea

Tuesday Evening

Skinless tomato, orange and basil soup

Slow cooked Spanish tortilla

Griddled and herbed aubergine, courgette and red pepper

Kale and pomegranate salad with soaked seeds

New potato salad with avocado mash, lime and chive

Iced tea

Tuesday Evening Dessert

Vegan sweet potato chocolate mousse with sea salt and smoked paprika

Wednesday Breakfast

Freshly squeezed orange juice with rose water

Special spiced granola

Yoghurt

Fruit salad of watermelon, pineapple and pink grapefruit

Smokey paprika shakshuka with turmeric and cinnamon quinoa

Wednesday Evening

Mung dal

Saag aloo

Lemony cucumber raita

Fresh mango chutney with toasted cumin

Basmati rice

Iced tea

Wednesday Evening Dessert

Creamy soy yoghurt with dark chocolate and orange

Thursday Breakfast

Juice of watermelon, lime and mint

Overnight apple soaked Bircher Muesli served with lemon

Yoghurt

Fruit salad of pineapple, orange and kiwi

Herby warm tomatoes on gluten-free toast

Thursday Evening

Roasted squash and potato soup

Tomato, olive, caper, artichoke and flaked almond salad

Pink grapefruit, fennel, rocket and sesame salad

Spinach, apple, walnut and goats cheese salad

Sumac, turmeric and coriander rice

Iced tea

Thursday Evening Dessert

Methi, date and cashew raw balls

Friday Breakfast

Juice of apple, cardamom and fenugreek

Vanilla and berry chia pots

Yoghurt

Fruit salad of melon and berries

Pea and goats cheese frittata

Wilted spinach

Friday Evening

Grilled tempeh satay

Indonesian yellow curry

Griddled pineapple, coriander and rocket

Urab – Indonesian green bean, beansprout and coconut salad

Red rice

Iced tea

Friday Evening Dessert

Vegan cacao mousse with peanut crumble base and dark chocolate

Saturday Breakfast

Pineapple juice with allspice and ginger

Special spiced granola

Yoghurt

Fruit salad of watermelon, grape and grapefruit

Bubble and squeak

Saturday Evening

Green soup

Aubergine Parmigianino

Rocket with baby tomatoes, balsamic and tamari toasted pumpkin seed

Lemony green beans

Vegan potato gratin

Iced tea

Saturday Evening Dessert

Lemon and vanilla coconut bars

Sunday Breakfast

Fresh orange juice with lavender

Overnight apple soaked Bircher Muesli served with lemon

Yoghurt

Fruit salad of pomegranate, grape and melon

Banana flour pancakes with berry compote